LEARNING STARTS WITH BETTER HEALTH AND FITNESS

FITSTATSWELLNESS.COM

FITSTATS WELLNESS

TEST / ASSESS / MONITOR / ENGAGE

[1] FITNESS TESTING & ASSESSMENTS

FITSTATS is the world's most customizable assessment solution. It includes both Presidential Fitness Test and FITNESSGRAM(r) BUT – also gives you the freedom to use your own tests, questionnaires, formulas and standards
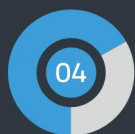
[2] HEALTH & WELLNESS MONITORING

Monitor students' well-being, physical and mental health. Detect excessive fatigue, stress, and mitigate the impact of stressors on students' body and mind with FITSTATS evidence-based health and wellness monitoring app

[3] EXERCISE PROGRAMMING

Create and share group and individual exercise programs. Analyze activity minutes, exercise intensity and response to exercise with objective and subjective markers. Integrate data from a wide array of wearable devices

[4] READINESS MANAGEMENT

Detect 'at-risk' students, improve learning readiness with FITSTATS' risk-scoring dashboard and actionable alerts. Use the system's multi-factorial risk analytics to inform the development of effective risk reduction strategies
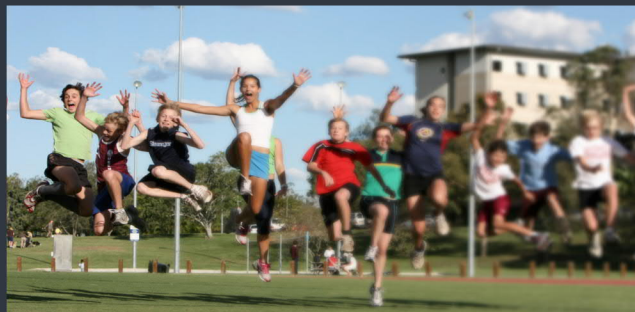
[5] POWERFUL REPORTING

Maximize students', parents' and teachers' engagement, and comply with district and state reporting requirements, with FITSTATS customizable reporting tools and graphs

[6] THIRD-PARTY INTEGRATION

Connect FITSTATS to your Polar, Garmin, Heart Tech Plus, or your preferred health and fitness tracker and get the complete picture by integrating data from any wearable device or external application

- Streamline fitness testing, skill assessment and reporting
- Monitors health and wellness with evidence-based method
- Monitors readiness to learn, identify 'at-risk' students who needs help in real-time
- Complies with district and state reporting and data protection requirements
- Increases engagement, improve fitness levels, reduces the risk of burnout and mental health issues with a proactive approach

COMPATIBLE WITH ALL K-12 HEALTH & PE CURRICULUMS

1 / HIPAA/GDPR COMPLIANT

2 / AUTOMATED ROSTERING

3 / ROLE-BASED ACCESS

4 / ENCRYPTED DATA

5 / US-BASED SERVER

"WE REALLY LIKE FITSTATS AND ITS CAPABILITIES. WE USE IT A LOT WITH OUR STUDENTS AND IT IS VERY BENEFICIAL!"

-Steven Moyer
Health and Physical Education Teacher | Manheim Central School District

REQUEST A FREE DEMO ON FITSTATSWELLNESS.COM

FITSTATS WELLNESS

Integrates with ClassLink   ŌURA   GARMIN   POLAR   HEART TECH PLUS

Compliant with   GDPR   PIPEDA   HIPAA COMPLIANT   MyData Member