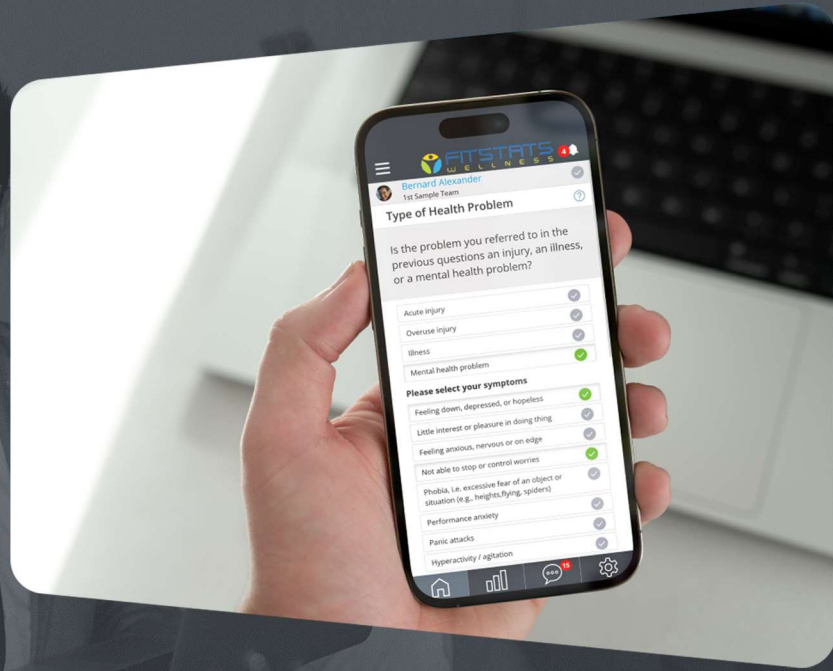




A FRESH APPROACH TO WORKPLACE HEALTH & PREVENTION

Request a Free Demo
at FitstatsWellness.com



IMPROVE HEALTH AND SAFETY / PREVENT BURNOUT / REDUCE ABSENTEEISM

KEY BENEFITS

IMPACTFUL

83%

Users says it improves outcomes

USER-FRIENDLY

92%

Reported a positive experience with the app

EFFECTIVE

X10

More health problems detected

- 01 Real-time monitoring with minimal burden
- 02 Focuses on causes of injuries, mental health issues, burnout and absenteeism, not just symptoms
- 03 Fewer missed work days, faster return to work rates
- 04 Enhanced team cohesion and collaboration
- 05 Simple to implement, easy to use, continuously improved
- 06 Significant time and cost-savings

A TURNKEY SOLUTION TO MONITOR, UNDERSTAND, IMPROVE

- ✓ Deviceless health and wellness monitoring with evidence-based methods and tools
- ✓ Instant identification of 'at-risk' individuals
- ✓ Actionable alerts and recommendations
- ✓ Monitoring of individual and group trends
- ✓ AI-driven absenteeism prediction algorithm*
- ✓ Secure messaging, multilingual, accessible 24/7
- ✓ Specifically tailored to each organization
- ✓ 100% customizable, GDPR & HIPAA compliant

A UNIQUE, HOLISTIC APPROACH

- ✓ One-time baseline questionnaire
- ✓ Short weekly health and wellness survey
- ✓ Real-time analysis of health, wellness and risk factors
- ✓ Instant actionable alerts and risk-scoring dashboard
- ✓ Automated reminders and actionable recommendations
- ✓ Identification of risk factors and probable causes of issues
- ✓ Helps organization implement data-driven risk reduction strategies, reduce health costs and absenteeism

*AI absenteeism prediction will be released during the second half of 2025

ADAPTABLE TO EVERY WORK ENVIRONMENT



Email us at info@fitstatswellness.com
to request more information



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